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### Introduction

I have been working for my self and running my own company Complete loft Conversions and carrying out contract work as a site agent, I have over twenty nine years experience in the construction industry.

I have experience in the following areas.

- Organising workforce on day to day basis.
- Understanding and impending HSE and procedures.
- Strong trade background carpentry joinery.
- Strong communication skills with all stakeholders.
- Excellent computing knowledge.

### Skills

- Fully qualified carpenter including oak framing, timber-framing, shop-fitting.
- Skilled plasterer, including lime and historical building restoration.
- Period property restoration and renovation.
- Small and large works including complex roof design.
- Method statements and risk assessments.
- Site inductions and toolbox talks.
- Good overall knowledge and can manage all trades.
- Excellent knowledge of architectural drawings.
- Good troubleshooting abilities.

In my current roles I have been working as a site manager on a freelance basis these projects range in value from £1.5 million to £60000 on these projects I would deal with all aspects of site management with a hands on approach.

I also produce and manage quality projects over specific time periods allocating resources to fulfil the final delivery of such projects.

I also hold a current NVQ 6 and Black CSCS managers card Current CSCS and First Aid. I consider myself to possess the relevant skills to maintain and mange any type of building site, from new build, shop-fitting or period building renovation with a high degree of competency.

I enjoy understanding the full system lifecycle of construction that includes the adaptation, recording and presentation to owner's, heath and safety, training and support of workforce, evaluating feedback from stakeholders and peers, organising and controlling supplies, final delivery and handover and also considering the benefits of the use of new building technologies and solutions to overcome day to day problems.

## Bsc (Hons) Applied Computing 1st

I have completed Bsc (Hons) and have obtained a 1<sup>st</sup> the modules I have completed are as follows.

- IT Change Management 1st
- Dissertation Project 2:1+

in any work place.

- Web deployed Databases 2:1+
- Software Research and Development 1=
- Network Security 1=
  I have completed these modules, which give me the full spectrum of skills to use

## Completed Foundation degree Computing and Networking

In June 2010 I completed a foundation degree in Computing and Networking studying full time I decided to do this course to add to my knowledge of computing to further my career while I was on this course I completed the following modules and gained an overall merit.

The grades I obtained are as follows.

- Computer Networks and communications M+
- Object Orientated System Development and Design G-
- Project Design and Implementation G+
- Skills in Research and Problem Solving D=
- System Analysis and Design D-
- Web Based Services D-

### Level 6 NVQ with Black Mangers Card

I hold a current Mangers card, which I obtained while working through my own company which covers some of the following topics.

- Developing and Maintaining Good Occupational Working Relationships in the Workplace
- Allocating Work and Checking People's Performance in the Workplace
- Establishing, Implementing and Maintaining Systems for Managing Health, Safety and Welfare in the Workplace
- Evaluating and Selecting Work Methods to Meet Project or Operational Requirements in the Workplace
- Monitoring Construction Related Project Activities in the Workplace

- Establishing Project Dimensional Control Criteria in the Workplace
- Managing the Handover of the Construction Project in the Workplace
- Controlling Project Quantities and Costs in the Workplace

### SMSTS

I have a current SMSTS qualification, which covers the following topics.

- The Health and Safety at Work Act
- Construction Design and Management (CDM) Regulations
- Risk assessments/method statements
- Recent changes in accepted working practices
- Behavioural safety
- Management of occupational health
- Electricity
- Excavations
- Working at height
- Scaffolding
- Demolition
- Confined spaces

#### First aid ticket

I have a current first aid ticket that has three years left the qualifying body is OFQUAL.

#### NVQ2 Carpentry and joinery

NQV Level 2 in carpentry and joinery obtained after I left school

#### **Higher National Certificate: Software Engineering**

- Computer platforms
- Programming concepts
- Database design SQL
- Systems Analysis
- Virtual programming
- Software development java
- Information systems
- Object Orientated Design

Obtaining this HNC was a hard work as well as working full time, but very rewarding. I needed some computer based training to progress my career so this course was initiated and paid for personally.

#### **European Computer Driving Licence**

- Spreadsheets
- Database management
- Word processing
- Email
- PowerPoint

After successfully completing the E.C.D.L course during the evenings and enjoying the new challenges I decided to continue on a HNC in software engineering.

## Work history

#### Working for CLC

Ongoing.

I have been working for my own company carrying out loft conversions in and around the Ipswich area the value of these ranges from £37000 to £60000.

- Initial client consolation.
- Liaise with structural engineers and architect's
- Organise quotes and contracts.
- Preliminary site setup and document HSE.
- Organise and record risk assessment's and method statements.
- Contacting building control for initial site visits.
- Dealing with scaffold erecting and lifting plans.
- Dealing with tradesmen and solving issues.
- Liaising with clients and time issues.
- Controlling HSE issues (Dust, hot works).
- Liaising with electricians and plumbers.
- Final sign of and handover including building control.

#### Working for Harrison and Wilden

Jan 2019 to September 2019

Working as site manger on a bespoke build costing over £1.5m this build was a timber frame with sanafelt roof with Velfac windows the build involved groundwork's under floor heating, heat recovery system and many other bespoke features,

This build took a total of 12 months my role was to liaise with all the trades and building professional's and deal with the day to day heath and safety.

### Working for Combination Construction Ltd

May 2007 to December 2008 working onsite as a project manger and in the office Working from an office based environment using my IT skills to coordinate the day to day running of the company my duties included.

- Consolidation of IT systems.
- Using and understanding all Microsoft applications.
- Networking using wired and wireless applications.
- Website administration and security.
- Implementation and running database applications in SQL.
- Selecting data inserting data updating data and deleting records.
- Liaising with contractors, clients and local authorities.
- Accounting and budgeting within a company.
- Documentation of all procedures above.

I enjoyed my time within the company unfortunately due to financial difficulties the company could not keep me on, but I enjoyed learning and applying new skills as well as being part of a good team.

### Working for Higgins Homes

Working as site managers assistant from April 2006 to May 2007 I worked for Higgins Homes underneath the contracts manager ensuring his requests were met and contractors were signed in and inducted.

Higgins health and safety procedures were followed and implemented by all site operatives including:

- Method statements.
- Risk assessments.
- C.S.C.S authorisation.
- Using Microsoft applications including Projects and SQL
- Health and Safety site visits.
- Hot works permits.
- E.I.C.S Certification.
- Data inputting.
- Inductions.
- Tool box talks.

This project was carried out on behalf of Wherry Housing Partnership which was government funded, the site was a collection of twenty-nine timber framed houses, terraced, bungalows, detached and semidetached.

This development also incorporated a new road and infrastructure to serve these new

dwellings, this was an interesting and rewarding project to be involved in from ground up to completion and handover.

I obtained the following qualifications while working within the Construction Industry on a day release basis.

## Freelance project coordinator

From 2004 to 2006 I was working on residential projects ranging from £50,000 to £500,000, which include total renovation of listed buildings, shop fitting, new build and timber framing on a freelance basis.

These clients included Powells Shopfitters, Rose builders, Bedford and Jennings Timber frame engineers, Chignells timber frame buildings and Gluelam Structures.

My overall duties included using drawings to set out and understand the procedures that site operatives need to complete their tasks, making sure that health and safety procedures are carried out correctly in accordance to legislation and updating computer systems where necessary.

Understanding timescales relevant to the schedule of works to be carried out and making sure site operatives are aware of these time restrictions.

### Other work

As a qualified carpenter I have also completed many projects though my own company and working for others in between any gaps in full time employment many of these projects are documented with images here <u>https://loft-conversions-suffolk-ipswich.co.uk</u>

College attended after leaving school:

### Suffolk College to obtain a City in Guilds in Carpentry and Joinery on day release

A full apprenticeship was served with Stamford Leisure ltd from 1994 to 1998. Duties during this apprenticeship included all types of construction methods with timber and metal, incorporating modern and traditional building techniques to a high standard. Projects completed during apprenticeship include Shops, Nightclubs, Superstores and general carpentry and joinery.

After completing apprenticeship in 1998 I became self employed and worked for various contractors and builders gaining more experience in carpentry carrying out work on Residential units, Oak framing, Timber framing and listed building refurbishment. Completing these types of projects helped me gain an overall understanding of all the elements of construction in many types of medium until 2002.

#### **Schools Attended**

St Josephs College 1986 to 1993

#### Summary

Since switching from web development to construction management to, I have adapted to working with a wide and varied range of technologies and professionals. I have expanded my range of skills keeping pace with changes in HSE and building technologies keeping an open mind to new ways of working.

I believe that my project management and interpersonal skills have helped me build upon a sound work ethic. I enjoy using communication, understanding and leaning to be a team player always ready for new challenges within the work place.

### Other activity's

Outside of work I write and produce music for myself and for others, I play the guitar piano and sing, I also enjoy travel including annual snowboarding trips to the Alps, Andorra and Bulgaria.

I also build websites for friends and family and small enterprises using the adobe suite of tools including Photoshop, illustrator, XD, dream weaver, xcode and in design to produce websites.

My other love outside of work is weight training, swimming and running these help me to balance my career and family time.